

KCSE TRIAL 2020

HOMESCIENCE PAPER 3

THE TEST

Your cousin is coming to visit you at your home. Using the ingredients listed below, prepare, cook and serve a one-course meal and a dessert for three two of you.

Ingredients

- Rice/maize flour/wheat flour/potatoes/bananas
- Beef/meat
- Tomatoes
- Onions
- Dhania
- Kales/cabbages
- Fruits
- Sugar
- Fat
- Royco
- Salt
- Capsicum

Planning Session.

Use separate sheets of paper for each task listed below and a carbon paper to make duplicate copies and proceed as follows:-

- (i). Identify the dishes and write down their recipes
- (ii). Write down your order of work.
- (iii). Make a list of the food stuff, equipment and materials you would require.

Instructions to the candidates

- Read the test carefully.
- Write your name and index number on every sheet of paper used.
- Text books and recipes may be used during planning session as reference materials.
- You will be expected to keep to your order of work during practical session.
- You are not allowed to bring any additional notes to the practical session.