

GRADE 3 HYGIENE AND NUTRITION ACTIVITIES TERM 1 2020

NAME:		GENDER
SCHOOL:		Boy <input type="checkbox"/> Girl <input type="checkbox"/>

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| <ol style="list-style-type: none"> 1. We have _____ senses. 2. We brush our teeth using a _____ 3. The food we take in the morning is called _____ 4. Dirty water has a _____ smell. 5. A ripe banana has a _____ taste. 6. A _____ treats our teeth. 7. Contaminated water can make us _____ 8. I use a _____ to dry myself. 9. Milk is _____ in colour. 10. A sheep give us _____ 11. Smoke is _____ for our health. 12. I clean my nose with a _____ 13. Dirty teeth have _____ smell. 14. The roof of a hut is made of _____ 15. We sleep in the _____ 16. Food make us _____ 17. We can make toothpaste from _____ water. 18. Hard foods make our teeth _____ | <ol style="list-style-type: none"> 19. I comb my _____ 20. We prepare food in the _____ 21. A manyatta is a house of _____ 22. I should keep my nails _____ 23. A _____ give us eggs. 24. _____ is another name for food. 25. Too much sugar is _____ for your health. 26. The first teeth to grow are called _____ 27. _____ is the first help we give to an injured person. 28. Milk is _____ in colour. 29. Fire is found in the _____ 30. I should take a bath _____ 31. Clean teeth are _____ in colour. 32. We should wash our hands _____ visiting the toilet. 33. The food we take in the afternoon is called _____ |
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