

# GRADE 2 HYGIENE AND NUTRITION ACTIVITIES TERM 1 2020

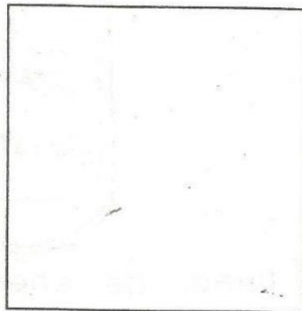
NAME:	
SCHOOL:	

Write healthy or not healthy.

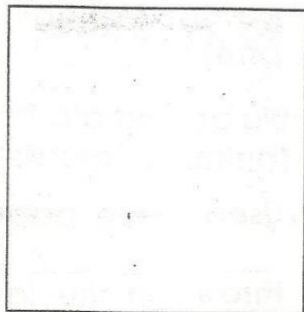
1. Bathing once a week
2. Drinking clean water
3. We wash our \_\_\_\_\_ before removing teeth. (hands, mouth)
4. Teeth that we remove are \_\_\_\_\_ (milk, good)
5. We should always keep medicine in a \_\_\_\_\_ cupboard. (closed, open)

Draw the parts of the body.

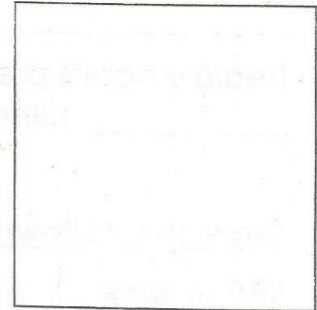
6. Eye



7. Leg



8. Mouth



9. We do first aid on a cut to \_\_\_\_\_ (stop bleeding, stop crying)
10. Things used in first aid are kept in a \_\_\_\_\_ (first aid kit, house)

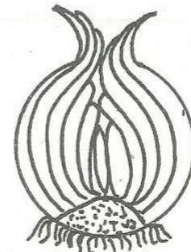
11. \_\_\_\_\_ can cause accidents in the kitchen. (a knife, blanket)

12. We only wash our hands after eating \_\_\_\_\_ (Yes or No)

13. We eat to grow and be \_\_\_\_\_ (healthy, sleep)

14. I have \_\_\_\_\_ toes. (5, 2, 10)

15. This is an \_\_\_\_\_



(apple, onion)

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16. \_\_\_\_\_ is useful to us.  
(snake, chicken)

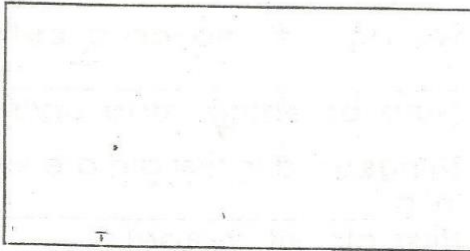
17. Baby teeth are called \_\_\_\_\_  
\_\_\_\_\_ (small teeth,  
milk teeth)

18. Fingernails should be kept \_\_\_\_\_  
\_\_\_\_\_ (short, dirty)

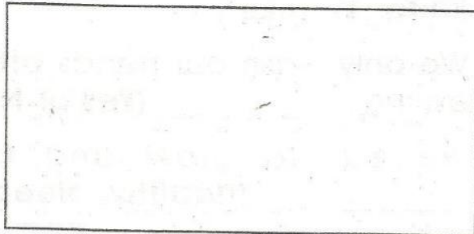
19. Healthy habits prevent \_\_\_\_\_  
\_\_\_\_\_ (illnesses, sleep)

Draw the following.

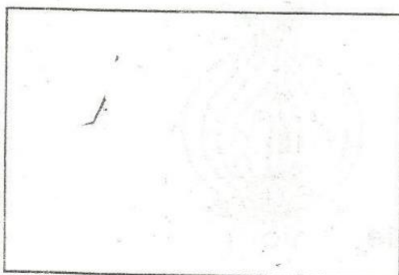
20. Match stick



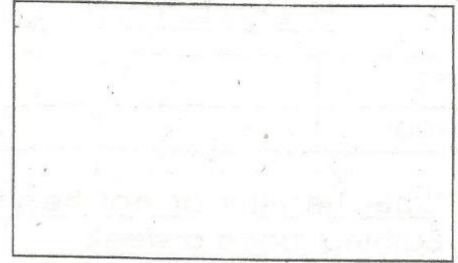
21. Toothbrush



22. Handkerchief



23. A comb



24. When we fall sick we go to \_\_\_\_\_  
\_\_\_\_\_ (church,  
hospital)

25. If a bad thing happen to us we  
say we have had an \_\_\_\_\_  
\_\_\_\_\_ (first  
aid, accident)

26. This is a \_\_\_\_\_  
found at home.



(medicine, chemical)

27. We \_\_\_\_\_ fruits  
before eating them. (wash,  
bite)

28. We get tomato from \_\_\_\_\_  
(animals, plants)

29. Used tissue paper should be  
\_\_\_\_\_ (used again,  
thrown in the latrine)

30. \_\_\_\_\_ is a type of  
medicine. (tablet, table)