

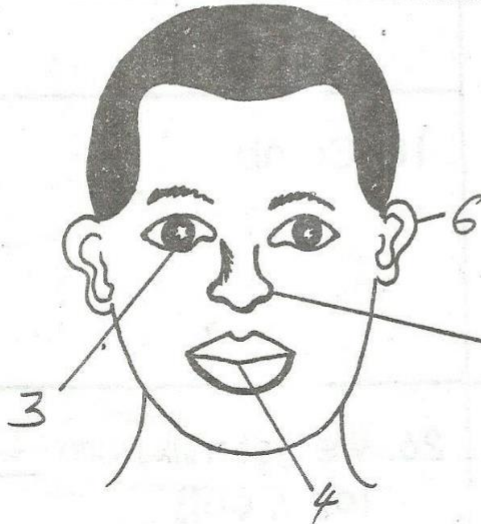
# GRADE 1 HYGIENE & NUTRITION

## TERM 1 2020

NAME:	
SCHOOL:	

1. A person has \_\_\_\_\_ fingers on his two hands.
2. I have \_\_\_\_\_ mouth.

Name the parts of the head shown.


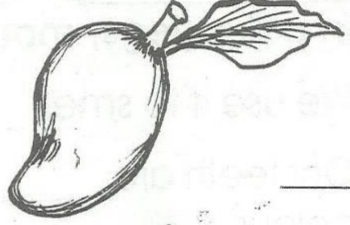



3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

(head, nose, mouth, eye, ear)

7. We \_\_\_\_\_ with our legs.
8. We \_\_\_\_\_ with our mouth.
9. We \_\_\_\_\_ our hands after visiting the toilet
10. We should wash our hands with water and \_\_\_\_\_

Name these things.

11.  \_\_\_\_\_
12.  \_\_\_\_\_
13.  \_\_\_\_\_

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## TERM 1 2020

Draw the following pictures.

<p>14. Father</p>   	<p>16. Toothbrush</p>  
<p>15. Mother</p>   	<p>17. Pot</p>  
	<p>18. Comb</p>  

- |  |  |
|--|--|
| <p>19. We eat food to make us _____ (strong, happy)</p> <p>20. Hair is found on the _____</p> <p>21. One _____ hand _____ has _____ fingers.</p> <p>22. _____ is not found in pairs. (legs, mouths)</p> <p>23. We use it to smell _____</p> <p>24. Our teeth are _____ in colour.</p> <p>25. We drink _____ when we are thirsty.</p> | <p>26. We get milk from _____ (cow, cat)</p> <p>27. _____ are things we do to stay healthy. (Healthy habits, Eating habits)<br/><b><u>Healthy or not healthy</u></b></p> <p>28. Eating healthy foods _____ (Healthy or not healthy)</p> <p>29. Drinking water _____ (Healthy or not healthy)</p> <p>30. Bathing once a week _____ (Healthy or not healthy)</p> |
|--|--|