

# GRADE 2 TERM 3 EXAM 2019

## HYGIENE & NUTRITION

NAME		
SCHOOL		GRADE 2

**When do we take each meal?**

Match

- |              |                  |
|--------------|------------------|
| 1. Breakfast | evening          |
| 2. Snacks    | mid day          |
| 3. Lunch     | morning          |
| 4. Supper    | in between meals |

**In which room do the following happen?**

- |                         |   |       |
|-------------------------|---|-------|
| 5. Sleeping             | - | _____ |
| 6. Showering            | - | _____ |
| 7. Resting              | - | _____ |
| 8. Cooking              | - | _____ |
| 9. Reading              | - | _____ |
| 10. Relieving ourselves | - | _____ |

(Study room, kitchen, living room, bathroom, washroom/toilet, bedroom, store)

11. Why do you wash your hands?

\_\_\_\_\_

12. What do I need to wash my hands? \_\_\_\_\_ and

13. \_\_\_\_\_

**Draw these items**

14. sponge	15. pan
16. soap	

17. Where should cooked food be stored? \_\_\_\_\_  
(outside, cool room, hot room)

**What is found in each of the rooms?**

**Kitchen**

- |           |           |
|-----------|-----------|
| 18. _____ | 19. _____ |
| 20. _____ | 21. _____ |

**Bedroom**

- |           |           |
|-----------|-----------|
| 22. _____ | 23. _____ |
| 24. _____ |           |

**Livingroom**

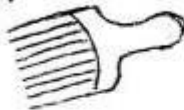
- |           |           |
|-----------|-----------|
| 25. _____ | 26. _____ |
| 27. _____ |           |

Colour and name the following

28.



29.



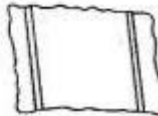
30.



31.



32.



33. Draw, name and colour the fruit you like most.



Answer Yes or No

34. Smoking cigarettes and bhang is good. \_\_\_\_\_
35. Broken glass should be buried. \_\_\_\_\_

36. We wash hands before and after a meal. \_\_\_\_\_

37. A handkerchief can be used \_\_\_\_\_

Group the following types of food as shown.

Cheese, arrowroot, eggs, banana, cabbage, beef, milk, tomatoes, mangoes

From animals

39. \_\_\_\_\_ 40. \_\_\_\_\_

41. \_\_\_\_\_ 42. \_\_\_\_\_

From plants

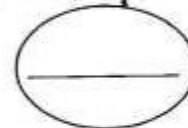
43. \_\_\_\_\_ 44. \_\_\_\_\_

45. \_\_\_\_\_ 46. \_\_\_\_\_

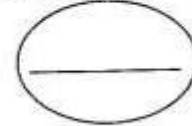
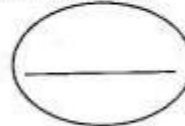
My meal today had tomatoes, cabbages, rice, fish.

Put the food in the right circle.

47. Carbohydrates



48. Vitamins      49. Proteins



50. How do you keep your bedroom clean? \_\_\_\_\_