

GRADE 3 TERM 1 EXAMS-2019

HYGIENE ACTIVITIES

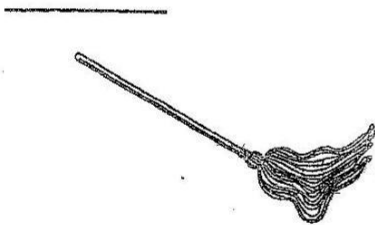
NAME SCHOOL

1. We eat during _____
(bedtime, meal time, cooking time)
2. Serving more food than you can finish is _____ (nice, bad, good)
3. Playing near sockets can cause _____
(chock, shock, scald)
4. _____ takes care of our eyes.
(A dentist, A nurse, An optician)

Write down three healthy activities you do every day.

5. _____
6. _____
7. _____

8. I am a place in the house. Foods are prepared in me. I am a _____
(living room, kitchen, dining area)
9. This item can be used to clean our



(windows, teeth, floor)

10. Before going to bed at night, we eat our _____
(supper, lunch, breakfast)
State whether healthy or unhealthy.
11. Eating sugarcane. _____
12. Sharing toothbrushes. _____
13. Drinking milk. _____
14. We should bath _____
(every time, weekly, daily)
15. A _____ cannot be used to clean the floor (mop, broom, stick)

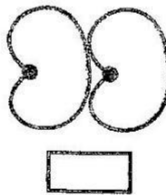
16. Kachafu likes urinating in a river near their home. The river water is _____

(cleaned, contaminated, finished)

17. We use our _____ to clean our nose. (toothbrushes, handkerchiefs, toothpaste)

Name one item found in the:

18. Kitchen _____
19. Bedroom _____
20. Sitting room _____
21. Those who smoke can become _____
(strong, burnt, sick)
22. _____ is a dangerous chemical.
(Salt, Juice, Petrol)
23. Tick the one that can be eaten raw.



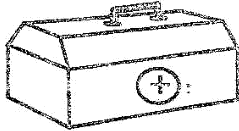
Write true or false.

24. We can use a chewed stick in place of toothpaste. _____
25. When we lose our handkerchiefs, we must buy new ones _____
26. Warm soapy water can be used to clean our teeth. _____
27. _____ has a sour taste.
(Sugarcane, Lemon, Banana)
28. Steelwool can be used to clean _____
(utensils, floors, faces)
29. Sammy and Mike like sharing a comb.

They are likely to suffer from _____ (headache, stomachache, ringworms)

Name the diagram drawn below.

30.



(A box, A tool box, A first aid kit)

31. After fetching water from a tap, we should _____ it.

(boil, clean, close)

32. Afieno wants to clean a plate from which she ate fatty meat. She should use clean, warm _____ water. (salty, clear, soapy)

33. _____ can be shared.

(Bed, Towel, Combs)

34. Eating too much chocolate is _____ to our teeth.

(better, harmful, not bad)

35. Maimuna is watering flowers with the water she used to wash fruits. She is _____ the water.

(wasting, spoiling, reusing)

36. Sukumawiki are _____ of a plant. (seeds, leaves, stems)

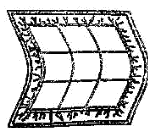
37. The item drawn below is mostly found in our _____



(sitting rooms, kitchens, farms)

38. Gilbert wants to clean his tongue.

Tick the item he needs.



39. Drinking water should be _____ before drinking.

(filtered, boiled, cooked)

40. To keep away cockroaches from her house, Kadogo should keep the house _____ (dry, dark, clean)

41. Sugarcane _____ are used as food. (roots, leaves, stems)

42. When people smoke near us we can get _____

(appetite, diseases, smoky)

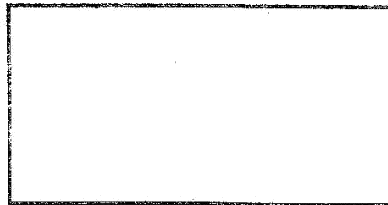
43. Blankets, mattresses and pillows are found in the _____

(bedroom, kitchen, sitting room)

44. We get both milk and meat from a _____ (pig, goat, chicken)

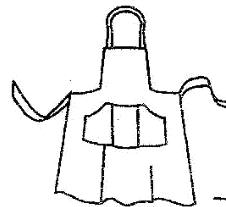
45. My _____ can use a urinal. (brother, sister, mother)

46. Draw a plate



47. Tea, bread and eggs are mostly eaten _____ (at night, in the morning, in the afternoon)

48. Name the item drawn below.



(Cap, Apron, Overall)

Write "healthy" or "unhealthy"

49. Cleaning hands after visiting the toilet. _____

50. Putting food in your pocket as you go to school. _____